

Weekly Meal Menu updated 8/01/23

Snack/Meals Service	Monday	Tuesday	Wednesday	Thursday	Friday
A.M Snack 9:00-9:30 am	Cracker Fresh fruit	Cracker Fresh fruit	Cracker Fresh fruit	Cracker Fresh fruit	Cracker Fresh fruit
Lunch 11:30-12:00 pm	Quesadillas Fresh veggies Milk 1%	Hot dog Fresh veggies Milk 1%	Spaghetti & meatballs Fresh veggies Milk 1%	Mac & Cheese Fresh veggies Milk 1%	Grilled cheese sandwich Fresh veggies Milk 1%
Light Dinner 3-3:30pm	English Muffin Pizzas Fresh fruit Water	Deli Sandwiches Fresh fruit Water	Chicken Nuggets Fresh fruit Water	Corn Dogs Fresh fruit Water	Quesadillas Fresh fruit Water

*Please note fruits, vegetables, and whole grains (waffles, bagels, toast, etc) will vary daily based on availability.

*Meats will also vary and consist of chicken, deli meats, and Hot dogs.

*Lunch is served after 1130am class is over